

2014 Sept Hot Lunch Menu

Small - \$5.00, Large \$7.50

Click [here](#) to place your order.

Food is provided by [#e Food](#), a chef-inspired sandwich shop that is located in the Anchor Point complex. #e Food prides itself on making the best possible products with the best possible ingredients. They source their ingredients from sustainable and local suppliers.

Thursday, Sept 4	BLT Sandwich. Served with Tomato Soup Vegetarian option: Tomato and Cucumber Sandwich
Monday, Sept 8	Spaghetti with Meatballs. Served with Corn & Red Pepper Salad Vegetarian option: Spaghetti & Roasted Vegetables
Wednesday, Sept 10	Chicken Sandwich. Served with Corn Chowder Soup Vegetarian option: Roasted Vegetables Sandwich
Thursday, Sept 11	Vegetarian Pizza. Served with Veggie Sticks
Monday, Sept 15	Mac & Cheese. Served with Carrot Coconut Soup
Wednesday, Sept 17	Lentil Stew. Served with Veggie Sticks
Thursday, Sept 18	Pesto Chicken Penne. Served with Lentil & Carrot Salad Vegetarian option: Roasted Vegetables Penne
Monday, Sept 22	Vegetarian Pot Pie. Served with Leek & Potato Soup
Wednesday, Sept 24	Meatloaf Sandwich. Served with Butternut Squash Soup Vegetarian option: Roasted Vegetables Sandwich
Thursday, Sept 25	Beef Stew. Served with Veggie Sticks Vegetarian option: Vegetarian Stew
Monday, Sept 29	Chicken Pot Pie. Served with Cream of Mushroom Soup Vegetarian option: Vegetarian Pot Pie

Optional:

Freshly-squeezed fruit juice **\$2**

Payment:

Please write cheques payable to **#e Food Inc.** If you choose to pay by credit card, a credit card authorization form needs to be completed. The credit card info will be kept on file by **#e Food** and processed once your hot lunch order is received. **IMPT:** Please submit payment or credit card form in an envelope with your child's name and school on the front.